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**Maine Youth Thriving: A Guide for
Community Action**



Maine Youth Thriving
A Guide for Community Action



Creating a Shared Vision for Thriving Youth

Creating a shared understanding, or vision, of what a community that supports youth looks like is an essential step toward building a stronger community.

No matter what part of Maine we call home, we all want to live in strong, healthy communities. But wherever we live, we often focus on the problems we see around us – maybe there aren't enough jobs or housing, or families struggle with substance use and poor mental health.

Promoting the well-being of young people is one of the most important investments we can make in the future of our towns and cities. It is increasingly clear that many of these critical public health challenges are rooted in our early experiences. When young people are valued and cared for, they thrive – and go on to become adults who succeed and help our communities grow.

All of us have a role to play in creating opportunities for youth; together, we can identify the strengths of our communities and the opportunities where more work can be done to support a positive future for young people. This guide will present eight keys to helping youth to thrive in our communities.

Please [email](#) us if you are interested in learning about **Youth Mattering** and receiving a copy of **Maine Youth Thriving: A Guide for Community Action**.

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Maine Resilience Building Network | PO Box 333 , Manchester, ME 04351

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